



MILTON  
ISLAMIC CENTRE



SUNDAY ISLAMIC SCHOOL

**February 2024**

CURRICULUM



# Adab Ihsan & Cleanliness: Islamic Grace



## Lesson Plan - February 4, 2024

Time	Objectives	Activities
10:00 - 10:10	<b>Morning Adhkaar</b>	
10:10 - 10:20	<p><b>Rise &amp; Shine Warm Up</b></p> <ul style="list-style-type: none"> <li>Stimulate the release of endorphins to boost mood &amp; and mental clarity.</li> <li>Set a positive tone for the day and achieve mental alertness.</li> <li>Improved focus due to enhanced circulation.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Jumping Jacks</li> <li><input type="checkbox"/> Arm Circles</li> <li><input type="checkbox"/> Leg Swings</li> <li><input type="checkbox"/> Torso Twists</li> </ul> <p>30 seconds to 1 minute for each activity depending on each student's comfort level.</p>
10:20 - 10:40	<p><b>Nazra</b></p> <ul style="list-style-type: none"> <li>Students to learn and improve recitation of the Quran with proper tajweed.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Each student will recite a portion of Quran/Qaida to the teacher individually.</li> <li><input type="checkbox"/> Tajweed rules taught &amp; reinforced.</li> </ul>
10:45 - 11:45	<p><b>Main Lesson</b></p> <ul style="list-style-type: none"> <li>To promote Islamic etiquette through <b>real-life scenarios</b> and reflective stories</li> <li>Promote beautiful <b>recitation</b> during salah</li> <li><b>Memorize</b> short <b>Surahs</b>:</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 1:</b> Reflective stories on <i>Islamic Etiquette</i>. Pick a scenario and enact the <b>adaab</b> (Group Work)</li> <li><input type="checkbox"/> <b>Learning Centre 2:</b> Up your Surah experience. Practice with a <b>Qari</b></li> <li><input type="checkbox"/> <b>Learning Centre 3:</b> Learn the beautiful name of Allah: <b>Al- Malik</b></li> </ul>



المَلِكُ

### Snack Time & Outdoor Play

11:45 - 12:15

*Sunnahs & Duas of eating will be reinforced during mealtimes.*

### Story Based Learning (SBL)

- Stories from the Quran
- Seerah of the prophet



12:15 - 12:40

- Learning Centre 3 : Time travel to Musa A.S
- Discuss *tawakkal*.



### Salaam

- To know Islamic Greetings
- Foster Kindness & Courtesy
- Salah

12:40 - 12:55

- The **Salaam Challenge!**
- Learn to offer Wudu & Zuhr Salah

1:00

### Recap & Dismissal

## Today's Goals

- Reflect on people closest to Allah
- Appreciate the characteristics of the khalifa
- Salah is the key to success

# Adab Ihsan & Cleanliness: Islamic Grace



## Lesson Plan - February 11, 2024

Time	Objectives	Activities
10:00 - 10:10	<b>Morning Adhkaar</b>	
10:10- 10:20	<p><b>Rise &amp; Shine Warm Up</b></p> <ul style="list-style-type: none"> <li>Stimulate the release of endorphins to boost mood &amp; and mental clarity.</li> <li>Set a positive tone for the day and achieve mental alertness.</li> <li>Improved focus due to enhanced circulation.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Jumping Jacks</li> <li><input type="checkbox"/> Arm Circles</li> <li><input type="checkbox"/> Leg Swings</li> <li><input type="checkbox"/> Torso Twists</li> </ul> <p>30 seconds to 1 minute for each activity depending on each student's comfort level.</p>
10:20 - 10:40	<p><b>Nazra</b></p> <ul style="list-style-type: none"> <li>Students to learn and improve recitation of the Quran with proper tajweed.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Each student will recite a portion of Quran/Qaida to the teacher individually.</li> <li><input type="checkbox"/> Tajweed rules taught &amp; reinforced.</li> </ul>
10:45 - 11:45	<p><b>Main Lesson</b></p> <ul style="list-style-type: none"> <li>To promote Islamic etiquette through <b>real-life scenarios</b> and reflective stories</li> <li>Promote beautiful <b>recitation</b> during salah</li> <li><b>Memorize</b> short <b>Surahs</b>:</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 1:</b> Reflective stories on <i>Islamic Etiquette</i>. Pick a scenario and enact the <b>adaab</b> (Group Work)</li> <li><input type="checkbox"/> <b>Learning Centre 2:</b> Up your Surah experience. Practice with a <b>Qari</b></li> <li><input type="checkbox"/> <b>Learning Centre 3:</b> Learn the beautiful name of Allah: <b>As-Salam</b></li> </ul>



السَّلَام

### Snack Time & Outdoor Play

11:45 - 12:15

*Sunnahs & Duas of eating will be reinforced during mealtimes.*

### Story Based Learning (SBL)

- Stories from the Quran
- Seerah of the prophet



12:15 - 12:40

- Learning Centre 3** : Time travel to Musa A.S
- Discuss** Courage



### Salaam

- To know Islamic Greetings
- Foster Kindness & Courtesy
- Salah

12:40 - 12:55

- The **Salaam Challenge!**
- Kindness Mission:** Pick one act of kindness and exhibit it the whole day.
- Learn to offer Wudu & Zuhr Salah

1:00

### Recap & Dismissal

## Today's Goals





- Focus on Living the Islamic Etiquette
- Know Allah through His names
- Importance of Islamic Greetings & Kindness

# Adab Ihsan & Cleanliness: Islamic Grace



## Lesson Plan - February 18, 2024

Time	Objectives	Activities
10:00 - 10:10	<b>Morning Adhkaar</b>	
10:10 - 10:20	<p><b>Rise &amp; Shine Warm Up</b></p> <ul style="list-style-type: none"> <li>Stimulate the release of endorphins to boost mood &amp; and mental clarity.</li> <li>Set a positive tone for the day and achieve mental alertness.</li> <li>Improved focus due to enhanced circulation.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Jumping Jacks</li> <li><input type="checkbox"/> Arm Circles</li> <li><input type="checkbox"/> Leg Swings</li> <li><input type="checkbox"/> Torso Twists</li> </ul> <p>30 seconds to 1 minute for each activity depending on each student's comfort level.</p>
10:20 - 10:40	<p><b>Nazra</b></p> <ul style="list-style-type: none"> <li>Students to learn and improve recitation of the Quran with proper tajweed.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Each student will recite a portion of Quran/Qaida to the teacher individually.</li> <li><input type="checkbox"/> Tajweed rules taught &amp; reinforced.</li> </ul>
10:45 - 11:45	<p><b>Main Lesson</b></p> <ul style="list-style-type: none"> <li>To promote Islamic etiquette through <b>real-life scenarios</b> and reflective stories</li> <li>Learning <b>Istinja</b> (cleaning oneself after using the washroom) an essential part of <b>Islamic Hygiene</b></li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 1:</b> Reflective stories on <i>Islamic Etiquette</i>. Pick a scenario and enact the <b>adaab</b> (Group Work)</li> <li><input type="checkbox"/> <b>Learning Centre 2:</b> QUIZ/TEST</li> <li><input type="checkbox"/> <b>Learning Centre 3:</b> Dua of entering the toilet</li> </ul>

		 <p>** Students are taught lessons based</p>
<p>11:45 - 12:15</p>	<p align="center"><b>Snack Time &amp; Outdoor Play</b></p> <p align="center"><i>Sunnahs &amp; Duas of eating will be reinforced during mealtimes.</i></p>	
<p>12:15 - 12:40</p>	<p><b>Story Based Learning (SBL)</b></p> <ul style="list-style-type: none"> <li>• Stories from the Quran</li> <li>• Seerah of the prophet</li> </ul> 	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 3</b> : Musa A.S and the magicians. <b>Worksheet</b></li> <li><input type="checkbox"/> <b>Discuss</b> : Allah's Help</li> </ul> 
<p>12:40 - 12:55</p>	<p><b>Salaam</b></p> <ul style="list-style-type: none"> <li>• To know Islamic Greetings</li> <li>• Foster Kindness &amp; Courtesy</li> <li>• Salah</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> The <b>Salaam Challenge!</b></li> <li><input type="checkbox"/> <b>Kindness Mission:</b> Pick one act of kindness and exhibit it the whole day.</li> <li><input type="checkbox"/> Learn to offer Wudu &amp; Zuhr Salah</li> </ul>
<p>1:00</p>	<p align="center"><b>Recap &amp; Dismissal</b></p>	

<h1>Today's Goals</h1>	<input type="checkbox"/>	<p>Focus on Living the Islamic Etiquette</p>
	<input type="checkbox"/>	<p>Know Allah through His names</p>
	<input type="checkbox"/>	<p>Importance of Islamic Greetings &amp; Kindness</p>





# Adab Ihsan & Cleanliness: Islamic Grace



## Lesson Plan - February 25, 2024

Time	Objectives	Activities
10:00 - 10:10	<b>Morning Adhkaar</b>	
10:10 - 10:20	<p><b>Rise &amp; Shine Warm Up</b></p> <ul style="list-style-type: none"> <li>Stimulate the release of endorphins to boost mood &amp; and mental clarity.</li> <li>Set a positive tone for the day and achieve mental alertness.</li> <li>Improved focus due to enhanced circulation.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Jumping Jacks</li> <li><input type="checkbox"/> Arm Circles</li> <li><input type="checkbox"/> Leg Swings</li> <li><input type="checkbox"/> Torso Twists</li> </ul> <p>30 seconds to 1 minute for each activity depending on each student's comfort level.</p>
10:20 - 10:40	<p><b>Nazra</b></p> <ul style="list-style-type: none"> <li>Students to learn and improve recitation of the Quran with proper tajweed.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Each student will recite a portion of Quran/Qaida to the teacher individually.</li> <li><input type="checkbox"/> Tajweed rules taught &amp; reinforced.</li> </ul>
	<p><b>Main Lesson</b></p> <ul style="list-style-type: none"> <li>To promote Islamic etiquette through <b>real-life scenarios</b> and reflective stories</li> <li>Navigate through <b>Taharaland</b> by correctly following the steps of Islamic toilet etiquette.</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 1:</b> Reflective stories on <i>Islamic Etiquette</i>. Pick a scenario and enact the <b>adaab</b> (Group Work)</li> <li><input type="checkbox"/> <b>Learning Centre 2:</b> QUIZ/TEST</li> <li><input type="checkbox"/> <b>Learning Centre 3:</b> Adventures in <b>Taharaland: A fun interactive &amp; educational Gameplay</b>. Correctly following all the steps and answer the challenges to win the game!</li> </ul>



<p>10:45 - 11:45</p>	 <p>*Tahara: Cleanliness</p>	 <p>** Students are taught lessons based on their levels.</p>
<p>11:45 - 12:15</p>	<p><b>Snack Time &amp; Outdoor Play</b></p> <p><i>Sunnahs &amp; Duas of eating will be reinforced during mealtimes.</i></p>	
<p>12:15 - 12:40</p>	<p><b>Story Based Learning (SBL)</b></p> <ul style="list-style-type: none"> <li>• Stories from the Quran</li> <li>• Seerah of the prophet</li> </ul> 	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Learning Centre 3</b> : Musa A.S and the final rescue. <b>Worksheet</b></li> <li><input type="checkbox"/> <b>Discuss</b> : <u>Patience</u></li> </ul> 
<p>12:40 - 12:55</p>	<p><b>Salaam</b></p> <ul style="list-style-type: none"> <li>• To know Islamic Greetings</li> <li>• Foster Kindness &amp; Courtesy</li> <li>• Salah</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> The <b>Salaam Challenge!</b></li> <li><input type="checkbox"/> <b>Kindness Mission:</b> Pick one act of kindness and exhibit it the whole day.</li> <li><input type="checkbox"/> Learn to offer Wudu &amp; Zuhr Salah</li> </ul>
<p>1:00</p>	<p><b>Recap &amp; Dismissal</b></p>	

<h1>Today's Goals</h1>	<input type="checkbox"/>	<p>Focus on Living the Islamic Etiquette</p>
	<input type="checkbox"/>	<p>Know Allah through the story of Musa A.S</p>
	<input type="checkbox"/>	<p>Importance of Islamic Greetings &amp; Kindness</p>